

HOW TO GET STARTED PRAYERWALKING

- **Join with Other Believers.** Join your faith with others to help prayer flow in an engaging conversational style. Large groups sometimes fail to give everyone a chance to participate. Pairs and triplets work best. (For example, a group of 8 could naturally divide into pairs as they walk, but be in sight of each other or meet back together at a certain location.)
- **Set Aside Time.** Allowing one or two full hours gives prayerwalkers a good chance to manage preliminaries and follow-up discussions, although lots can be done in less time.
- **Choose an Area.** Ask God to guide you. It's best by far to learn the joys of prayerwalking in unfamiliar neighborhoods; you'll return quickly to your own neighborhood with fresh vision. Centers of commerce and religion are fascinating, but there's nothing like touching families, schools, and churches in residential areas. Use elevated points to pray over a panorama. Linger at specific sites which seem to be key. When deciding where to go in a new community, you may choose to link up with a Christian ministering in that area so your prayers can be strategic to ministry plans that are being implemented.
- **Pray with Insight.** Pray for the people you see. As you do, you might find the Spirit of God recalibrating your heart with His own sensitivities. Enhance these responsive insights with research done beforehand. Use knowledge of past events and current trends to enrich intercession. Above all, pray Scripture. If you have no clear place to begin praying, select just about any of the Biblical prayers, and you will find that they almost pray themselves.
- **Focus on God.** Make God's promises rather than Satan's schemes the highlight of your prayer. Your discernment of evil powers may at times exceed God's specific guidance to engage them in direct combat. Consider the simplicity of first making direct appeal to the throne of God before attempting to pick street fights with demonic powers. Seek a restraining order from heaven upon evil so that God's empowered people may bring forth God's intended blessings on the city.
- **Regather and Report.** Share what you have experienced and prayed. Expressing something of your insights and faith will encourage others – as well as yourself. Set plans for further prayerwalking.
- **Coordinate Efforts.** Enlist other praying people to join with friends to cover special areas. Give leadership by forming and mixing prayer bands. Seek to collect written notes recording which areas have been covered and what kinds of prayers have been prayed. Pool your insights to ascertain whether God is prompting a repeated focus on particular areas. Eventually aim to cover your entire town or city, unless God guides otherwise.